

## The Way Of Pathei-Mathos - A Précis

### Exordium

What I have previously described as the 'philosophy of pathei-mathos' and the 'way of pathei-mathos' is simply my own weltanschauung, a weltanschauung developed over some years as a result of my own pathei-mathos. Thus, and despite whatever veracity it may or may not possess, it is only the personal insight of one very fallible individual, a fallibility proven by my decades of selfishness and by my decades of reprehensible extremism both political and religious.

Furthermore, and according to my admittedly limited understanding and limited knowledge, this philosophy does not - in essence - express anything new. For I feel (and I use the word 'feel' intentionally) that I have only re-expressed what so many others, over millennia, have expressed as result of (i) their own pathei-mathos and/or (ii) their experiences/insights and/or (iii) their particular philosophical musings.

Indeed, the more I reflect upon my (perhaps pretentiously entitled) 'philosophy of pathei-mathos' the more I reminded of so many things, such as (i) what I intuitively (and possibly incorrectly) understood nearly half a century ago about Taoism when I lived in the Far East and was taught that ancient philosophy by someone who was also trying to instruct me in a particular Martial Art, and (ii) what I as a Catholic monk felt "singing Gregorian chant in choir and which singing often connected me to what JS Bach so often so well expressed by his music; that is, connected me to what - in essence - Christianity (the allegory of the life and crucifixion of Christ) and especially monasticism manifested: an intimation of some-thing sacred causing us to know beyond words what 'the good' really means, and which knowing touches us if only for an instant with a very personal humility and compassion", and (iii) what I learnt from "my first few years as a Muslim, before I adhered to a harsh interpretation of Islam; a learning from being invited into the homes of Muslim families; sharing meals with them; praying with them; learning Muslim Adab; attending Namaz at my local Mosque, and feeling - understanding - what their faith meant to them and what Islam really meant, and manifested, as a practical way of living", and (iv) of what I discovered from several years, as a teenager, at first in the Far East and then in England, of practising Hatha Yoga according to the Pradipika and Patanjali, and (v) of what I intuited regarding Buddhism from over a year of zazen (some in a zendo) and from months of discussions with Dom Aelred Graham who had lived in a Zen monastery in Japan, and (vi) what I so painfully, so personally, discovered via my own pathei-mathos.

As a weltanschauung derived from a personal pathei-mathos, my 'philosophy/way of pathei-mathos' is therefore subject to revision. Thus this essay summarising my weltanschauung includes a few (2013-2014) slight revisions - mentioned, or briefly described, in some of my more recent effusions - of what was expressed in previous works of mine such as *The Numinous Way of Pathei-Mathos* [1] and *Religion, Empathy, and Pathei-Mathos: Essays and Letters Regarding Spirituality, Humility, and A Learning From Grief*. [2]

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[1] <https://davidmyatt.files.wordpress.com/2022/10/numinous-way-pathei-mathos-v7.pdf>

[2] <https://davidmyatt.files.wordpress.com/2018/03/religion-and-empathy.pdf>

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## The Way Of Pathei-Mathos

### 1. Ontology

The ontology is of causal and acausal being, with (i) causal being as revealed by phainómenon, by the five Aristotelian essentials and thus by science with its observations and theories and principle of 'verifiability', and (ii) acausal being as revealed by συμπάθεια - by the acausal knowing (of living beings) derived from faculty of empathy [1] - and thus of the distinction between the 'time' (the change) of living-beings and the 'time' described via the measurement of the observed or the assumed/posited/predicted movement of 'things' [2].

### 2. Epistemology

a. The primacy of pathei-mathos: of a personal pathei-mathos being one of the primary means whereby we can come to know the true φύσις (physis) of Being, of beings, and of our own being; a knowing beyond 'abstractions', beyond the concealment implicit in manufactured opposites, by ipseity (the separation-of-otherness), and by denotatum.

b. Adding the 'acausal knowing' revealed by the (muliebral) faculty of empathy to the conventional, and causal (and somewhat masculous), knowing of science and logical philosophical speculation, with the proviso that what such 'acausal knowing' reveals is (i) of φύσις, the relation between beings, and between beings and Being, and thus of 'the separation-of-otherness', and (ii) the personal and numinous nature of such knowing in the immediacy-of-the-moment, and which empathic knowing thus cannot be abstracted out from that 'living moment' via denotatum: by (words written or spoken), or be named or described or expressed (become fixed or 'known') by any dogma or any -ism or any

-ology, be such -isms or -ologies conventionally understood as political, religious, ideological, or social.

c. Describing a human, and world-wide and ancestral, 'culture of pathei-mathos' [3], and which culture of pathei-mathos could form part of Studia Humanitatis and thus of that education that enables we human beings to better understand our own φύσις [4].

### 3. Ethics

a. Of personal honour - which presences the virtues of fairness, tolerance, compassion, humility, and εὐταξία - as (i) a natural intuitive (wordless) expression of the numinous ('the good', δίκη, συμπάθεια) and (ii) of both what the culture of pathei-mathos and the acausal-knowing of empathy reveal we should do (or incline us toward doing) in the immediacy of the personal moment when personally confronted by what is unfair, unjust, and extreme [5].

b. Of how such honour - by its and our φύσις - is and can only ever be personal, and thus cannot be extracted out from the 'living moment' and our participation in the moment; for it is only through such things as a personal study of the culture of pathei-mathos and the development of the faculty of empathy that a person who does not naturally possess the instinct for δίκη can develop what is essentially 'the human faculty of honour', and which faculty is often appreciated and/or discovered via our own personal pathei-mathos.

### 4. One fallible, personal, answer regarding the question of human existence

Of understanding ourselves in that supra-personal, and cosmic, perspective that empathy, honour, and pathei-mathos - and thus an awareness of the numinous and of the acausal - incline us toward, and which understanding is: (i) of ourselves as a finite, fragile, causal, viatorial, microcosmic, affective effluvium [6] of Life (ψυχή) and thus connected to all other living beings, human, terran, and non-terran, and (ii) of there being no supra-personal goal to strive toward because all supra-personal goals are and have been just posited - assumed, abstracted - goals derived from the illusion of ipseity, and/or from some illusive abstraction, and/or from that misapprehension of our φύσις that arises from a lack of empathy, honour, and pathei-mathos.

For a living in the moment, in a balanced - an empathic, honourable - way, presences our φύσις as conscious beings capable of discovering and understanding and living in accord with our connexion to other life; which understanding inclines us to avoid the hubris that causes or contributes to the suffering of other life, with such avoidance a personal choice not because it is conceived as a path toward some posited thing or goal - such as nirvana or Jannah or Heaven or after-life - and not because we might be rewarded by God, by the gods, or by some supra-personal divinity, but rather because it manifests the reality, the truth - the meaning - of our being. The truth that (i) we are (or we are capable of being) one affective consciously-aware connexion to other life possessed of the capacity to cause suffering/harm or not to cause suffering/harm, and (ii) we as an individual are but one viator manifesting the change - the being, the φύσις - of the Cosmos/mundus toward (a) a conscious awareness (an aiding of ψυχή), or (b) stasis, or (c) as a contributor toward a decline, toward a loss of ψυχή.

Thus, there is a perceivance of our φύσις; of us as - and not separate from - the Cosmos: a knowledge of ourselves as the Cosmos presenced (embodied, incarnated) in a particular time and place and in a particular way. Of how we affect or can affect other effluvia, other living beings, in either a harmful or a non-harming manner. An apprehension, that is, of the genesis of suffering and of how we, as human beings possessed of the faculties of reason, of honour, and of empathy, have the ability to cease to harm other living beings. Furthermore, and in respect of the genesis of suffering, this particular perceivance provides an important insight about ourselves, as conscious beings; which insight is of the division we mistakenly but understandably make, and have made, consciously or unconsciously, between our own being - our ipseity - and that of other living beings, whereas such a distinction is only an illusion - appearance, hubris, a manufactured abstraction - and the genesis of such suffering as we have inflicted for millennia, and continue to inflict, on other life, human and otherwise.

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### Notes

[1] Refer to: (i) *The Way of Pathei-Mathos - A Philosophical Compendiary* (Third Edition, 2012), and (ii) *Towards Understanding The Acausal*, 2011.

[2] Refer to *Time And The Separation Of Otherness - Part One*, 2012.

[3] The culture of pathei-mathos is the accumulated pathei-mathos of individuals, world-wide, over thousands of years, as (i) described in memoirs, aural stories, and historical accounts; as (ii) have inspired particular works of literature or poetry or drama; as (iii) expressed via non-verbal mediums such as music and Art, and as (iv) manifest in more recent times by 'art-forms' such as films and documentaries.

[4] Refer to *Education and The Culture of Pathei-Mathos*, 2014.

[5] By 'extreme' is meant 'to be harsh', unbalanced, intolerant, prejudiced, hubriatic.

[6] As mentioned elsewhere, I now prefer the term effluvium, in preference to emanation, in order to try and avoid any

potential misunderstanding. For although I have previously used the term 'emanation' in my philosophy of pathemathos as a synonym of effluvium, 'emanation' is often understood in the sense of something proceeding from, or having, a source; as for example in theological use where the source is considered to be God or some aspect of a divinity. Effluvium, however, has (so far as I am aware) no theological connotations and accurately describes the perceivment: a flowing of what-is, sans the assumption of a primal cause, and sans a division or a distinction between 'us' - we mortals - and something else, be this something else God, a divinity, or some assumed, ideated, cause, essence, origin, or form.

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